



Digital Citizenship – Tools to support Digital Literacy: Online safety at home



by Hōhepa Canterbury

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About this Easy Read



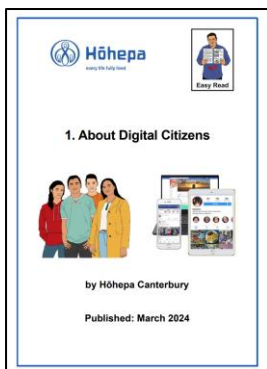
This Easy Read document is from 3 organisations:

- Hōhepa Canterbury
- People First NZ
- Netsafe.

The information in this document is based on the Digital Citizens Framework.

There is an Easy Read document called:

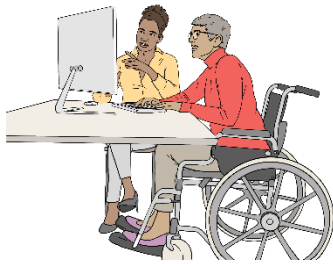
About Digital Citizens





You can find this Easy Read at this **website:**

tinyurl.com/4m7mw8uf



The Digital Citizens Framework supports you to use **digital technology.**



Digital technology means things like:

- smartphones
- laptops
- websites
- social media like Facebook.



This Easy Read is about:

- **digital literacy**
- staying safe online when using digital technology at home.



Digital literacy is about using technology like:

- finding information you want to know online
- using different apps / things like WhatsApp
- knowing how to talk / message online with others
- being safe in the digital / online world.





There are more Easy Read documents about being a digital citizen at this **website**:

<https://tinyurl.com/digi-er>

Staying safe online at home



People use the internet:

- in different ways
- for different things
- in different places.



It is important you stay safe when using digital technology at home.



Netsafe has worked with **Spectrum Care** to make some **guides**:

- to support people to use the internet safely
- that are written in plain language
- that are easy to understand.





Spectrum Care is an organisation that offers care / support to:

- disabled people
- and
- their whānau / families.



Here a **guide** is a document / book that guides / supports you to do something in the right way.



These guides have been made to support:

- people with a learning disability
- disabled people.



These guides will support you to use the internet safely.

Guides to staying safe online



The 5 guides are called:

- 5 **tips** to be happy online
- 5 tips to keep safe online
- Online relationships
- Shopping and selling online
- Where to get help.



Here **tips** are useful bits of advice to support you to do something.



You can find these guides at this
website:

<https://netsafe.org.nz/online-safety-at-home>

Learn with Us – Safety Net Cyber card game



People First NZ have made a card game to support you to learn how to be safe online.



The game is called the **Safety Net Cyber card game**.

This card game is a fun way to learn what is:

- safe information to share online
- not safe information to share online.



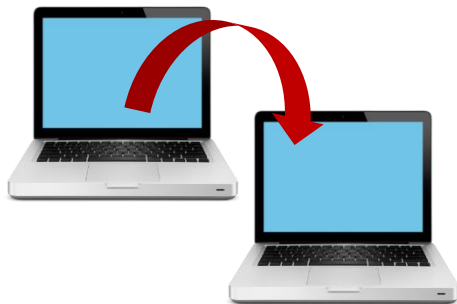
People First NZ are also working on an app to go with the game.



This game also supports people to know if they are dealing with **scammers** online.



Scammers are people who try to trick you into doing something like giving them money.



It is important you know:

- what information is okay to share online
- what to do if you think you have been scammed.



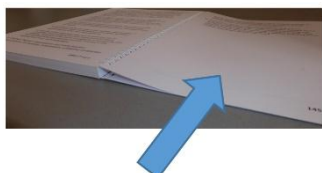
You can find out how to buy the **Safety Net Cyber card game** on the People First NZ **website**:

<https://tinyurl.com/>

LearnWithUsCyberGame

netsafe

Contact Netsafe for support if you think you have been scammed online.



Their contact information is on **pages 13 and 14.**

More information about Netsafe

netsafe



Netsafe can support you if you want more information about:

- keeping yourself safe from scammers
- how to be safe online.



Visit the Netsafe **website** for more information about keeping yourself safe online:

<https://netsafe.org.nz/>



The Netsafe website is **not** in Easy Read.



You can **call** the Netsafe helpline on:

0508 638 723



This number does **not** cost you money to call.



If the Netsafe office is closed then you can leave a voicemail message.



You can **text** Netsafe on:

4282



You can email Netsafe for support on:

help@netsafe.org.nz



This information has been put together by Hōhepa Canterbury for their Digital Citizens project.



It has been translated into Easy Read by the Make it Easy Kia Māmā Mai service of People First New Zealand Ngā Tāngata Tuatahi.



The ideas in this document are not the ideas of People First New Zealand Ngā Tāngata Tuatahi.



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